



**ANDERSON'S NUTRITION**

Congratulations, you have made a commitment to improve your health through nutrition and lifestyle management.

We are committed to help you achieve your health goals by understanding your needs, personality, and medical conditions to create a unique nutrition plan. Please visit our website at [www.myfoodnutrition.com](http://www.myfoodnutrition.com) for more information about our background, philosophy of nutrition, and health with other services offered. Changing your lifestyle is a process that cannot be accomplished in one visit. Here is what you can expect:

**Initial session (1-1.5 hours):** Food and lifestyle assessment, along with goal setting. Please have the enclosed forms printed and available for visit.

**Follow up sessions (30minutes- 1 hour):** Evaluation of food selections, physical activity, and follow up laboratory work. Reviewing goals, objectives and providing tools to continue to meet them. New goals may be set to continue to achieve your long term health goal.

**PLEASE READ CAREFULLY**

- **Payment:** Check or cash may be used to pay for co-pay, follow up, or additional visits not covered by insurance. Paypal is available for a 3% fee and must be processed prior to visit. **Return Checks:** There will be a \$30.00 charge for all returned checks.
- **No Show/Canceling:** There will be a \$35 no-show fee charged for all appointments not canceled 24 hours prior to your scheduled appointment.
- **New Patient Paperwork:** All paperwork can be found on our website. You may fill it out prior to your appointment. If you do not bring your filled out paperwork, please come 15 minutes prior to your appointment to complete it.
- **Appointments start on time.** If you are running late, unfortunately your appointment time will be reduced so we can stay on schedule. However, you will be billed for the original appointment scheduled time. If you are more than 15 minutes late, you may be rescheduled and billed a \$35 fee.
- **Questions:** For any concerns, please contact my direct line at 602-770-7611. We have a 24-hour answer service. Do not leave a message at your doctor's office as I will not receive it.

**Summary of Fee for Nutrition Service**

Visits are billed by time in 15 minute increments, for example a 60 min appointment will be charged as 4 units. The Registered Dietitian maybe available for longer appointments, however patients are advised that the payment will collected at the time of the visit.

If you are using insurance, we will bill the insurance for the visit in good faith. Please keep in mind that you are responsible for costs that may not be covered by your plan, including zero payment. Anderson's Nutrition will contact your insurance company and review your benefits with you. However, you are encouraged to call your insurance provider and be familiar with your benefits, including how many visits you have and out of pocket expenses, including your deductible, co-pay and coinsurance requirements. Note that insurance companies may take up to 9 months to process your claim, which may result in delayed billing by Anderson's Nutrition. If your account is sent to collections for non-payment you will be charged a 40% fee in addition to your account balance as permitted by Arizona law.

[ANutrition@hotmail.com](mailto:ANutrition@hotmail.com)

[www.MyFoodNutrition.com](http://www.MyFoodNutrition.com)

(O) 602-770-7611 (F) 480-505-3077

Mailing address: 3820 W. Happy Valley Rd. #141-187, Glendale, AZ 85310

Location: 600 E. Baseline Rd., Suite B2, Tempe, AZ 85283

## Location:

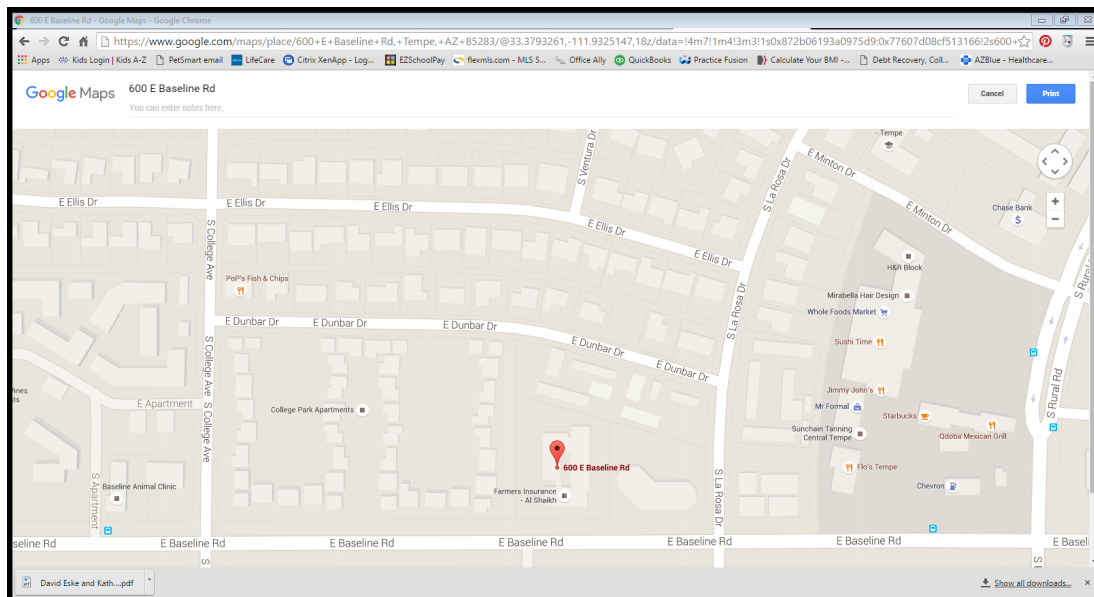
This office is a partnership with



We are located on the North side of Baseline Road, West of Rural Rd. The complex consists of three, white single story buildings. We are in Building B, Suite 2 (Chambers Clinic).

**Please note that the office maybe locked during Saturday hours.** If you have an appointment, please come to the door at your scheduled time. Please remember to bring your filled out paperwork with you.

Our Address is:  
600 E. Baseline Rd. Suite B2  
Tempe, AZ 85283



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